Prevention Peer Network

May 17, 2018

[California Partnership to End Domestic Violence Logo]
Please note, this webinar is being recorded.
Opening Circle

Teens at the Table: How to Start a Peer-to-Peer Mentoring Program

Q&A

Discussion: Shared expertise, emerging issues, challenges, triumphs
Opening Circle

- Please type in your name, agency and location
Teens at the Table: How to Start a Peer-to-Peer Mentoring Program

Jessica Reynaga, MSW
Community Education Manager
Human Options
Purpose of the Program:

The Human Options Ambassador program selects teen leaders from different high schools and provides them with training, mentoring, and technical support to prepare them to serve as peer-to-peer mentors. A peer-to-peer mentor is a student who serves as a resource, a helping hand, a sounding board, and a referral service for other youth. Ambassadors commit to implementing two service learning projects within one year of their participation of the program.
Central Theme

**Leadership:**

Micro level:
- Peer-to-Peer Mentor
- Bystander Intervention strategies

Macro/mezzo level:
- Service Learning Projects (SLP)
- Community engagement and mobilization strategies
The Primary Prevention Core Competency Framework

➔ Foundations in Primary Prevention
➔ Planning
➔ Implementation
➔ Evaluation
➔ Sustainability
I. Foundations of Primary Prevention

Understand a public health approach to prevention that includes:

a. Risk and protective factors (their value and limitations)
b. Social norms that contribute to DV/TDV
c. The Social-Ecological Model (SEM)
d. *The Spectrum of Prevention* and other tools for generating solutions
e. Types of interrelated prevention: primary, secondary, tertiary

Link to partnership resource: [https://cpedv.memberclicks.net/prevention-core-competencies](https://cpedv.memberclicks.net/prevention-core-competencies)
II. Planning

- The Human Options Ambassador Program - a journey 2 years in the making!
- CEO support for a youth program that includes:
  - Leadership
  - Character-building
- Preparation activities:
  - 2017 Shifting the Lens Conference -
    - Mauro Sifuentes, Family Violence Law Center
  - 2017 Building Change Together Convening
II. Planning cont’d

- Funding opportunity!
- Formal program proposal
  - Pilot Program
    - 2 Cohorts (Fall 2017/Spring 2018)
    - 15-20 students
III. Implementation

- **August 2017**
  - Application

- **Sept. - Dec. 2017**
  - Fall Cohort, 6 students
    - 4 schools represented

- **March 2018**
  - Evaluation Plan

- **February 2018**
  - Spring Cohort, 14 students
    - 2 community locations

- **Dec ‘17 - Jan ‘18**
  - HO curriculum finalized

- **June 2018**
  - End of the Year Banquet

- **Jul. - Aug. 2018**
  - Evaluation
  - Program Improvements
IV. Evaluation

- New World Kirkpatrick Model of Evaluation
  - Level 4: Organizational Goals
  - Level 3: Behavior Change
  - Level 2: Knowledge
  - Level 1: Satisfaction

- Surveyed:
  - Ambassadors
  - Parents
V. Sustainability!

Outcomes
Success stories - pictures and videos!
What’s next? **Dream Bigger!**
Ideally, if you had more funding, what would you do with that funding?
Know your audience
Service Learning Projects Highlights

- Varsity Football: Purple Socks
- Love Shouldn’t Hurt school-wide assembly
- Public screening: Reviving Ophelia
- School resource fair
- TDV peer education groups at our Teen & Parent Conference
- Launching of a school-based domestic violence awareness club
Success Stories

Ambassador helps friend realize she is in an abusive relationship.

Ambassador realizes they are displaying abusive behaviors in their relationship.

Ambassadors provided feedback to improve our teen programming.
Lessons Learned

➔ Location/Outreach
➔ Self-care for Ambassadors
➔ Youth Forms
➔ Evaluation Timeline
Questions?

Jessica Reynaga, MSW
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Shared expertise and discussion

- Current emerging issues?
- Challenges or triumphs in your prevention efforts?
Together we’re stronger

Prevention at the Partnership

Public Policy  Communications  Capacity Building

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