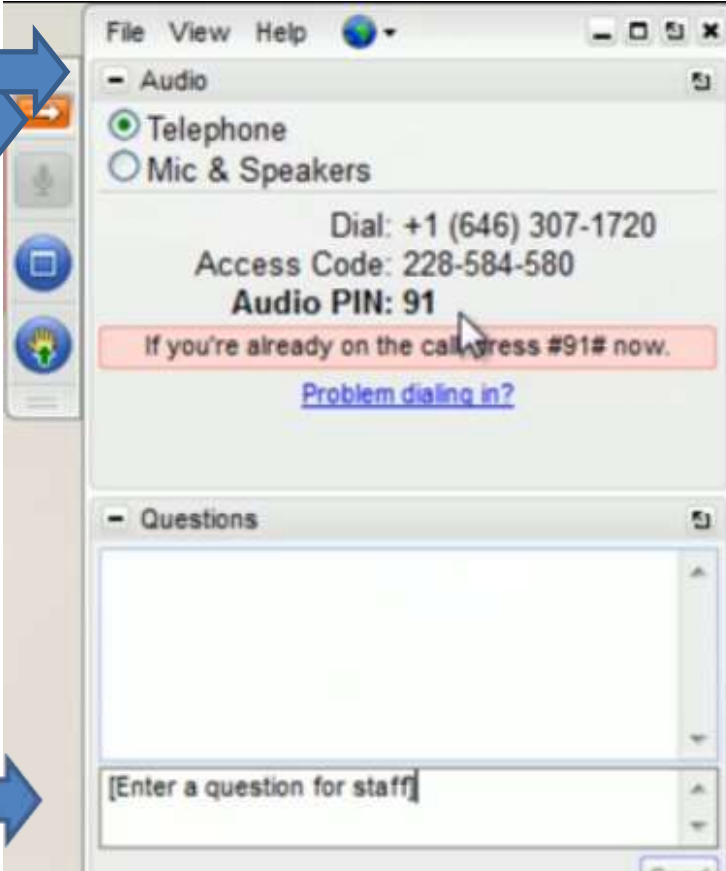


# Prevention Peer Network

January 22, 2016



# Control Panel



The screenshot shows a web application interface with a control panel on the left and a main content area on the right. The control panel includes icons for audio, a hand, and a microphone. The main content area displays call information and a questions section.

Expand Audio for call in information

Expand/minimize the control panel

Raise your hand to be unmuted

Type questions/comments here

File View Help

Audio

Telephone

Mic & Speakers

Dial: +1 (646) 307-1720

Access Code: 228-584-580

Audio PIN: 91

If you're already on the call, press #91# now.

[Problem dialing in?](#)

Questions

[Enter a question for staff]

*Please note, this webinar is being recorded.*

# Agenda

- ❖ Opening Circle
- ❖ Overview of TDVAM Campaign
- ❖ Planning: A critical step in prevention
- ❖ Training: Increasing Accessibility for LGBTQ+ Survivors and Victims
- ❖ Discussion: shared expertise, emerging issues, challenges, triumphs

# Register Now!



CALIFORNIA  
**PARTNERSHIP TO END  
DOMESTIC VIOLENCE**

presents

## Building Change Together

Prevention Core Competencies Training

March 22th-24th | DoubleTree by Hilton Sacramento



This project was supported by funding awarded by the U.S. Department of Health and Human Services Family Violence Prevention and Services Act (grant number PV14011577) through the California Governor's Office of Emergency Services (Cal OES).



CALIFORNIA  
**PARTNERSHIP TO END  
DOMESTIC VIOLENCE**

Together, We're Stronger.

# Opening Circle

- Please type in your name, agency and location



# TDVAM, February 2016



<http://www.cpedv.org/campaign/partnerships-teen-dv-month-2016>



# Planning: A critical step in prevention

# Planning for Prevention

**Assess** current needs of community or target population



**Set goals and outcomes** that reflect the assessments





# Planning for Prevention

**Decide on strategies** using multiple sources including experiential and evidence-based.



**Apply theories** of change, intersectionality, and gender analysis to design



# Planning for Prevention

**Develop a visual representation** of project to share such as logic model or theory of change

PROBLEM	INPUTS	OUTPUTS		OUTCOMES - IMPACT		
		Activities	Participation	Short-term	Interim	Long-term

**Identify all resources** available for the project (staff, finances, technology, etc.)



# Let's take a Poll



# Planning for Prevention

**Develop a plan** to build any needed capacity of staff, organization, community to support the project



**Solicit feedback** and buy-in for support of the project from allies and community partners





# **Increasing Accessibility for LGBTQ+ Victims/Survivors**



**MELODY PROEBSTEL  
EDUCATION AND OUTREACH PROGRAM COORDINATOR  
CATALYST DOMESTIC VIOLENCE SERVICES**



# Identifying a Need



Long-term agency goal of supporting  
LGBTQ+ relationships



# Measuring Access



- Began asking “Do you identify as lesbian, gay, bisexual, transgender or queer?” on all agency service forms.

**THE FOLLOWING QUESTIONS ARE VOLUNTARY AND CONFIDENTIAL AND DO NOT IMPACT WHETHER OR NOT YOU RECEIVE SERVICES:**

DO YOU IDENTIFY AS AN IMMIGRANT/REFUGEE/ASYLUM SEEKER? \_\_\_\_\_  YES  NO

IS YOUR HEARING IMPAIRED? \_\_\_\_\_  YES  NO

ARE YOU EXPERIENCING HOMELESSNESS RIGHT NOW? \_\_\_\_\_  YES  NO

DO YOU IDENTIFY AS HAVING LIMITED ENGLISH PROFICIENCY? \_\_\_\_\_  YES  NO

DO YOU IDENTIFY AS A VETERAN? \_\_\_\_\_  YES  NO

DO YOU IDENTIFY AS HAVING A DEVELOPMENTAL/PHYSICAL DISABILITY? SPECIFY: \_\_\_\_\_  YES  NO

DO YOU IDENTIFY AS HAVING A MENTAL HEALTH CONCERN? IF YES, SPECIFY: \_\_\_\_\_  YES  NO

**DO YOU IDENTIFY AS LESBIAN, GAY, BISEXUAL, TRANSGENDER OR QUESTIONING? SPECIFY: \_\_\_\_\_  YES  NO**

HAVE YOU EVER BEEN SEXUALLY ASSAULTED BY AN INTIMATE PARTNER? \_\_\_\_\_  YES  NO

ADDITIONAL SPECIAL NEEDS?: \_\_\_\_\_

*Note: Asking about LGBTQ+ identities communicates awareness and indirectly validates the importance of someone's experience*

# POLL



Do your agency forms  
ask about sexual orientation?

# Measuring Need



- Assessment has been ongoing through online surveys

Considering your sexual orientation, how comfortable would you be seeking services from Catalyst Domestic Violence Services if you are/were a victim of intimate partner violence?

	Extremely comfortable	Mostly comfortable	My sexual identity would not impact my level of comfort	Mostly uncomfortable	Extremely uncomfortable	Not sure	N/A
Shelter Services (HAVEN)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advocacy/Safety planning in one of our business offices	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counseling Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restraining Order Clinic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hotline Services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Court Accompaniment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attending a workshop or presentation put on by Catalyst	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What services specifically for individuals who identify as LGBTQ+ would be most meaningful to you? (Please check all that apply)

- Support Groups
- Temporary Restraining Order clinics
- Court Accompaniment
- LGBTQ+ identified staff member who works specifically with LGBTQ+ victims and survivors
- Transgender/Transsexual/Gender non-confirming specific services
- Educational relationship groups and/or presentations for LGBTQ+ individuals
- I do not think Catalyst needs to provide LGBTQ+ specific services
- Other (please specify)

If Catalyst Domestic Violence Services were to offer a support group for victims and/or survivors of domestic violence who identify as LGBTQ+, would you be interested in participating?

- Yes, I would be interested
- No, but I know someone who would be interested
- I'm not sure
- No, but I would like to see this service available for others
- No, I would not be interested
- No, and I would not care to see this service available

# Measuring Need



## • Paper surveys at Chico Pride Festival

**Intimate partner abuse/domestic violence in the LGBTQ community is a serious problem.**  
 strongly agree    somewhat agree    neutral/do not know    somewhat disagree    strongly disagree

**Public discussion or awareness of LGBTQ partner abuse/domestic violence will increase prejudice and discrimination against LGBTQ people.**  
 strongly agree    somewhat agree    neutral/do not know    somewhat disagree    strongly disagree

**Have you ever experienced *abuse* in an intimate relationship?**    YES    NO  
Did this abuse occur within the previous 12 months?    YES    NO

**If I left home, I would prefer to find safe housing: (Check all that apply)**

<input type="checkbox"/> At a mainstream DV shelter	<input type="checkbox"/> At a motel/hotel
<input type="checkbox"/> With family members	<input type="checkbox"/> At a homeless shelter
<input type="checkbox"/> With friends	<input type="checkbox"/> LGBTQ specific DV shelter
<input type="checkbox"/> Other please specify: _____	

**Has a current or former partner done any of the following to you during the previous 12 months?**  
**(Please check all that apply)**

<input type="checkbox"/> <u>deliberately</u> thrown or broken objects	<input type="checkbox"/> hit, punched, shoved, slapped, pushed, kicked you
<input type="checkbox"/> <u>continually</u> followed, phoned, emailed, texted to convince you to do what they wanted	<input type="checkbox"/> blocked exits or restrained your movement
<input type="checkbox"/> <u>pressured</u> , coerced or forced sex	<input type="checkbox"/> repeatedly called names, put down, faulted or ridiculed
<input type="checkbox"/> <u>threatened</u> to harm self or you	<input type="checkbox"/> harassed or slandered partner via social media
<input type="checkbox"/> <u>used</u> a weapon or an object as a weapon	<input type="checkbox"/> used GPS or cell phone to track you
<input type="checkbox"/> <u>threatened</u> to harm or harmed children or pets	<input type="checkbox"/> threatened to "out" you regarding:   ___ Sexual/Gender Identity   ___ HIV Status   ___ Immigration Status

**What do you think would be most *helpful* for LGBTQ persons who are being abused by their partners? (Choose Top 3)**

___ talking to friends	___ legal services such as restraining orders
___ talking to clergy	___ mainstream domestic violence shelter
___ talking to family members	___ LGBTQ specific domestic violence shelter
___ homeless shelter	___ soliciting help from or reporting to law enforcement
___ individual counseling	___ LGBTQ specific domestic violence program
___ support groups	___ general LGBTQ community program/organization
___ couple counseling	

*(Thanks to LA Gay & Lesbian Center for sharing their survey!!)*

# Building Capacity



- Looked for resources to support agency in growth
  - What resources is our leadership willing to commit?
  - Is someone in our field already doing the work that we can learn from?
  - Who in our community will support us in doing this work?
  - How can our staff and volunteers increase their understanding?
  - Who will help fund this work?





# Building Capacity - Leadership



- Commitment to staff education



From: cpedv@memberclicks-mail.net  
To: Melody Proebstel  
Cc:  
Subject: Partnership eNews: January 13, 2016

To: Melody Proebstel  
Cc:  
Subject: RE: NWN Assessment tool

## Upcoming BWJP Webinar Opportunities

[Police Departments' Use of the Lethality Assessment Program](#)  
January 19, 2016 / 1:00-2:30 central time

[Male Peer Support for Violence Against Women](#)  
January 25, 2016 / 1:00-2:30 central time

[Pre-Application Informational Webinar for OVW FY 2016 Improving Criminal Justice](#)  
January 27, 2016 / 12:00-2:00 central time

## New Technical Assistance Booklet and Webinar

From Policy to Practice: Nondiscrimination and Inclusion of LGBTQ Individuals in  
12pm-1pm MST, 11am-12pm PST

Although this looks FABULOUS, getting approval for travel out of state using CalEMA funds is nearly impossible. I'll ask if that has changed recently for some reason.



# Building Capacity - Training



- Connected to experts in California:



LOS  
ANGELES  
LGBT  
CENTER

---

CUAV 

# Building Capacity - Training



- Identified experts and resources across the country:

the **Network** la **Red**

**The  
Northwest  
Network**  
of bi, trans, lesbian &  
gay survivors of abuse

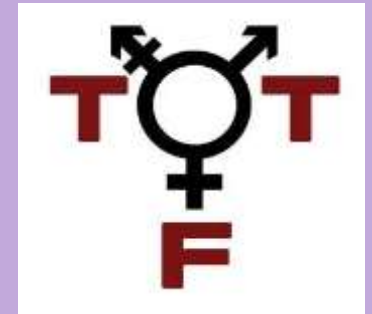
**206 568 7777**  
[nwnetwork.org](http://nwnetwork.org)



# Building Capacity - Partnerships



- Local organizations:



# Increasing Visibility –Community



- Contributed to others' events

STONE WALL ALLIANCE CENTER  
www.stonewallchicoprider.com  
Special Pride Festival Performance by DELTA WORK  
**Chico PRIDE Weekend**  
AUG 24 25 26 2012  
Sponsored by: dragon, Leon, Outward, CNR

**INSPIRING CHANGE**  
HARVEY MILK DAY  
MAY 22, 2015

**TRANSGENDER DAY OF REMEMBRANCE NOV 20**  
IN 2015...  
23 TRANS\* MURDERS  
20 TRANS\* SUICIDES  
**END THE HATE**  
Learn more on Facebook: "TDOR Chico 2015"

LGBTQ+ Chico  
HostHomeProject

Fall 2013  
**CONVERSATIONS**  
*on Diversity & Inclusion*

If You Really Knew Me...  
Exploring Hidden Identities

Some kinds of diversity are easy to see. Others are invisible, and sometimes surprising. Experiences and traits combine in each of us in countless ways, forming identities that often contradict expectations. Join us for a year-long series of discussions about the complexities of who we are as individuals and as a campus community.

*"The identity would seem to be arrived at by the way in which the person faces and uses his experience."*  
James Baldwin

**Join Us**  
Wednesdays from noon to 1 p.m.

**September 18, BMU 210**  
This is What Depression Looks Like  
Facilitated by Desjani Janti Rattapong-Stevens  
Counseling and Wellness Center

**October 16, BMU 210**  
Domestic Violence Awareness in LGBTQ+ Relationships and Community  
Facilitated by Melody Probst

The AS Gender and Sexuality Equity Center Presents  
**The 7th Annual LGBTQ+ Conference:**  
"We Are More Than Just An Acronym"  
Saturday, December 6th 1pm-5pm  
Bell Memorial Union Auditorium

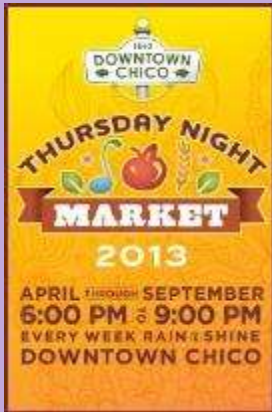
Join us as we explore the multi-dimensions of the LGBTQ+ community, including race, allyship, and mental, physical and sexual health



# Increasing Visibility –Community



- Tabled for community events and posted photos on FB





# Increasing Visibility – Safe Space



- Posted Images
- Developed Materials
- Local Media
- Social Media



# Policies and Services



- Shelter policy
- LGBTQ+ specific services
- Expanded gender on forms
- Staff training and inservices

## Gender Based HAVEN Program

Based on our understanding of the diversity of the human experience, Catalyst provides shelter services to all victims of domestic violence who meet Catalyst's criteria for emergency shelter including people who identify as women, men or transgender.

Catalyst will provide emergency shelter services to individuals based on their self-identified gender. Women are sheltered in the communal housing facility that Catalyst administers. Men are sheltered in hotels or referred to other appropriate shelters. Transgender individuals will be assessed for a stay in one of the above mentioned shelter options or the option that feels the most comfortable for them. Assessment for shelter services will be determined by the self-identified gender of the participant, regardless of medical transition status.



*Ever wonder why  
your relationships  
don't work?*

*Are you confused about how a same sex relationship can look, as society at large does not model healthy LGBTQ+ relationships?*

Join our 6-week group 'Creating Healthy Relationships' specifically for adults (ages 25+) in the LGBTQ+ community.

Led by Kris Kidd, LMFT, you will learn skills for creating successful relationships and embracing healthy relationships despite negative cultural messages.

This group begins February 27, 2013.

To sign up, leave your name and contact information in a message at 530-809-2485. Kris will call you back!



**CATALYST DOMESTIC VIOLENCE SERVICES  
LGBTQ+ PROGRAM**

24-Hour Hotline: 1-800-695-8746	Chico Drop-In Center
Chico Drop-In Center: (530) 343-7711	330 Wall St., Suite 50
LGBTQ+ Program Line: (530) 343-7789	Chico, CA 95927

**IDENTIFIED GENDER:**  MALE  TRANSGENDER MALE  FEMALE  TRANSGENDER FEMALE

# POLL

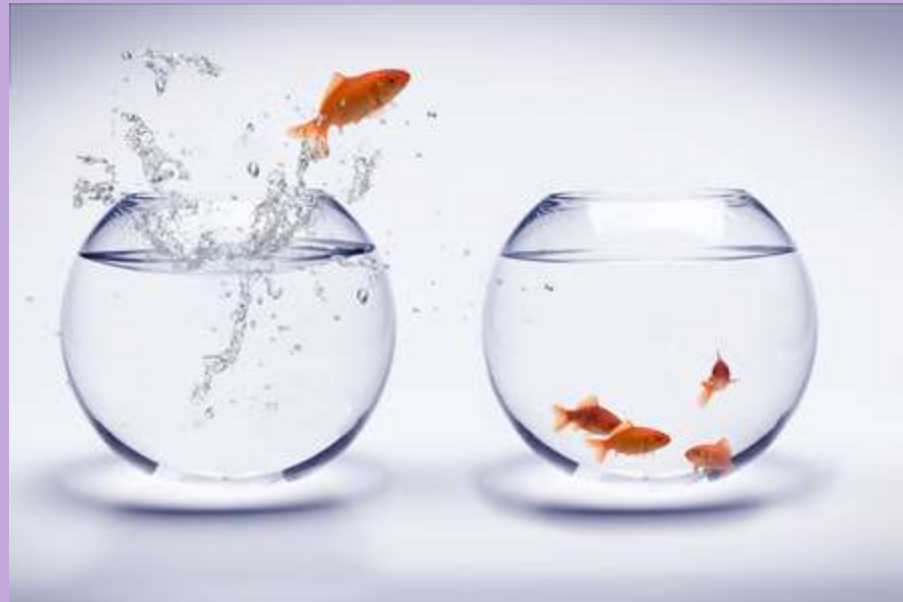


Do your agency forms include  
more than 2 options  
for gender?

# Challenges



- Small community
- Partnerships
- Silos
- Resistance



# Accomplishments



Staff has vocabulary and tools for talking about Intimate Partner Violence in LGBTQ relationships





# Accomplishments



- Visibility and awareness increased



- Smoother adjustment to meet equal services mandates



# Accomplishments



- Recognition by community as a resource



- Increased numbers

# Increasing Our Reach



## Intimate Partner Violence LGBTQ+ and Youth Victims and Survivors

May 19, 2015, 8 a.m.

Tehama County Mental Health - Vista Way Training Room



## Intimate Partner Violence

**Service Delivery Outside the Box**  
Tuesday, February 26, 2013 at 9:00 am



Location: Orland Human Resource Agency

604 East Walker Street, Orland, CA

Did you know that one in four women will experience violence and abusive behavior from an intimate partner? Although most intimate partner violence is perpetrated by men, heterosexual women are not the only victims! Learn how you can recognize and support all victims in developing a safety plan that is appropriate to their situation.

CAMFT

Chico Regional Chapter

You are invited to join us for our  
**Spring Conference & Professional Development Workshop**

Friday, May 10, 2013

9:am to 4:pm

Join Us!

First Baptist Church  
850 Palmetto Ave  
2 blocks from Mangrove

### Expanding Your Frame to Include LGBT\*Q+ Perspectives

Presented by

Aydin Kennedy, MSWI Δ Melody Proebstel, MSW Δ Thomas Kelem, MFT

Aydin is a well known speaker and advocate for creating a Trans\* affirming practice and world. During this past year as an MSW Intern he has created the Stonewall Counseling Program which now provides low/no fee services to the LGBT\*Q+ community and has grown to include Licensed, Trainee, and Intern level counselors. Aydin speaks with honesty and humor to create a safe place for people to ask important questions to gain a better understanding of the trans\* experience. (May 24 he will graduate with his MSW)

Melody is program coordinator for the LGBT\*Q+ Program at Catalyst Domestic Violence Services. She will talk about abusive relationships in the LGBT\*Q+ community. Intimate Partner Violence (IPV) is experienced in 25-33% of our relationships, and it has rippling effects that impact all of us in different ways. We will explore: important distinctions to be aware of when assessing IPV in LGBT\*Q+ relationships; what it looks like; how you can help clients who are experiencing it; how supporting development of healthy relationships is the antidote to continuing the perpetuation of abuse; and what services Catalyst can provide to support you in your work.

CATALYST DOMESTIC VIOLENCE SERVICES

PRESENTS THE

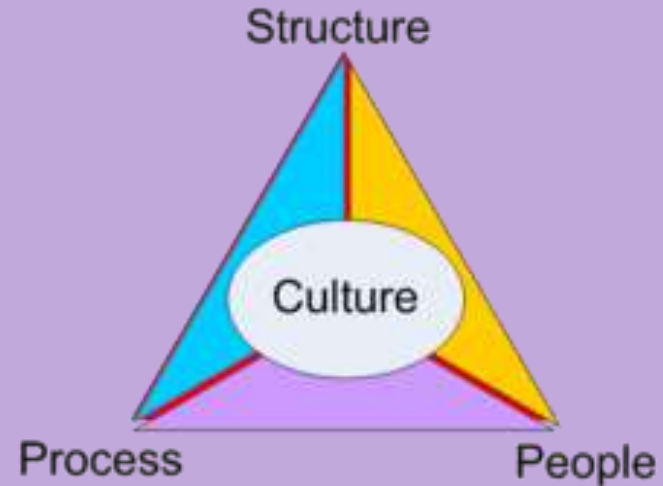
LOVE IS...  
ACOUSTIC SHOWCASE

Come celebrate healthy relationships while local musicians serenade you with their favorite love songs

# Regional Trainings – Initial Meeting



- Agency Overview
  - Agency culture and policies
  - Staff awareness levels
  - Current resources
  - Identified gaps



**CELEBRATE  
WHAT YOU  
ACCOMPLISH,  
BUT RAISE THE  
BAR EACH TIME  
YOU SUCCEED.**

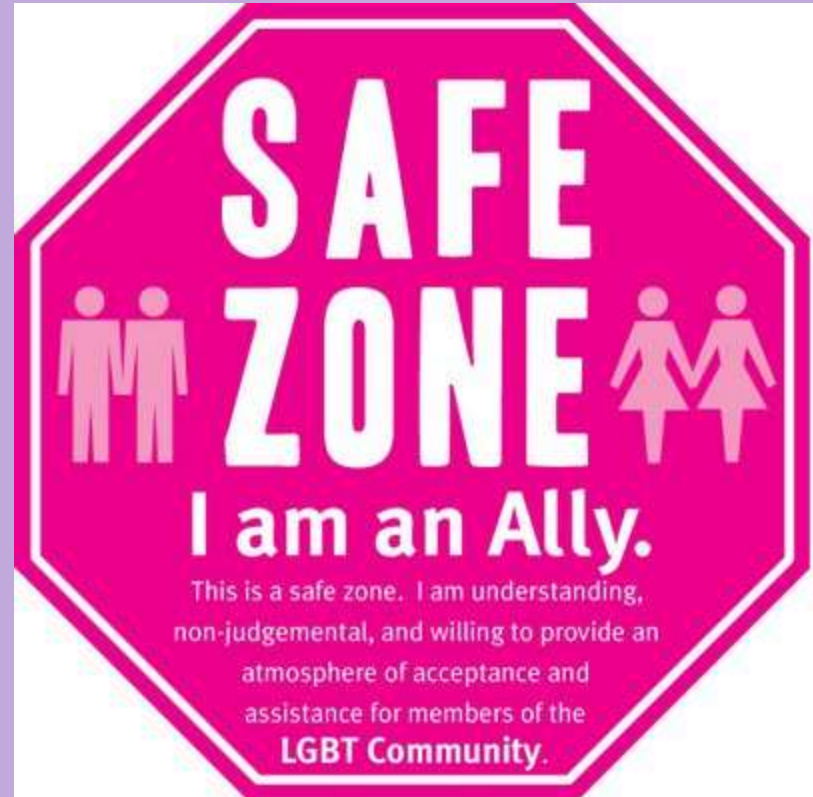
MIAHAMM

- Strengths & Assets
  - What are you already doing?
  - What assets do staff/volunteers bring?
  - Who are you already collaborating with?

# Regional Trainings – Initial Meeting



- Barriers & Challenges
  - Community bias
  - Resistance
  - Capacity limitations
  - Silence/invisibility
- Opportunities & Allies
  - Current advocates
  - Potential partners
  - Existing safe spaces



# Regional Trainings – Staff Survey



## Questions about individual knowledge and skills

**1. Considering your current awareness of LGBTQ+ identities, please indicate whether you agree or disagree with the following statements:**

Strongly Disagree   Disagree   Neutral   Agree   Strongly Agree   Unsure

I am familiar with the acronym LGBTQ+

I am comfortable using terms like lesbian, gay, bisexual, and transgender when talking about identities.

I can explain the difference between gender and sexual/romantic orientation/identities.

I can explain why it is important for staff and volunteers to be familiar with LGBTQ+ identities.

**2. Considering your current skills in supporting LGBTQ+ victims/survivors, please indicate whether you agree or disagree with the following statements:**

Strongly Disagree   Disagree   Neutral   Agree   Strongly Agree   Unsure

I am invested in providing competent services for victims/survivors who identify as LGBTQ+.

I know how to interact with LGBTQ+ people in welcoming, non-discriminatory ways.

I understand how to provide competent

**13. Would you like to share any comments about your personal experiences with LGBTQ+ communities?**







# Regional Trainings – Staff Survey



## Questions about training needs

**8. Below are some training topics that have been identified as potentially helpful for staff. Please indicate whether each topic is a priority for supporting your ability to provide sensitive services for LGBTQ+ victims/survivors.**

	Might be helpful to learn about	I don't need this information	Definitely helpful to learn about	This topic is a priority
General overview about LGBTQ+ identities and terminology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to ask and talk about LGBTQ+ identities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unique barriers for LGBTQ+ individuals seeking support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# Regional Trainings - Individualized



## The Gender Unicorn

Created by TSER

**Gender Identity**

- Female/Woman/Her
- Male/Man/His
- Other Gender(s)

**Gender Expression/Presentation**

- Feminine
- Masculine
- Other

**Sex Assigned at Birth**

- Female
- Male
- Other/Intersex

**Sexually Attracted To**

- Women
- Men
- Other Gender(s)

**Romantically/Emotionally Attracted To**

- Women
- Men
- Other Gender(s)

To learn more go to [www.transgender.org/unicorn](http://www.transgender.org/unicorn)  
 Design by Linden Peck

## Benefits of belonging to a privileged community...

- Safety
- Structure
- Sense of belonging
- Access to resources

*What is the impact of isolation on victims of intimate partner violence who don't have the privilege of being involved in community?*

**Myth:** Women and gay men are less violent than heterosexual men. Therefore, they are not as capable of hurting their partner.

- *Physical violence is the most frequent type of IPV reported in LGBTQ+ relationships*

“Attempting to work on domestic **violence** without working on other oppressions is like attempting to move a rug one is standing on.”

- Mary Allen, 2007  
 NRCDV

## Suggestions for Aspiring Allies

**Sexual identity and transgender status are private information**

- Don't share someone's gender/sexual identity with others without their expressed permission

- ✓ “Do you feel safe sharing your identity with others?”
- ✓ “Where are you out about your identity? At work? School? With new acquaintances?”
- ✓ “What can I do to support you and help you to feel safe in this space?”

## Shelter Residents

- Advocates are in position of power
- Understand complexity of experience
- Monitor your own hidden bias

“Most people would simply pretend that parts of me or my personality didn't exist, that they could still use simple categories to describe me.”

-Diana Courvant (transgender woman)

Heteronormativity is the assumption that:

- everyone is heterosexual
- heterosexual is the correct and superior way to be

## Barriers to Accessing Services

- Fear that the abuse will not be taken seriously because it is occurring within an LGBTQ relationship.
- Lack of acknowledgement and support from other LGBTQ individuals who may not be aware of the fact that DV in LGBTQ relationships occurs and is dangerous.
- Fear of re-victimization by law enforcement, criminal justice, and social service workers based on one's sexual orientation and/or gender identity.
- Small communities, shared friends, shared public spaces

[www.catalystshelterservices.org](http://www.catalystshelterservices.org)



**Questions?**

**Melody Proebstel**  
Education & Outreach  
Program Coordinator  
530-343-7711

**LOVE**



**RESPECT**

**CATALYSTDVSERVICES.ORG**

[melody@catalystdvservices.org](mailto:melody@catalystdvservices.org)

# Shared expertise and discussion

- Other expertise or experiences with planning?
- Current emerging issues? Challenges or triumphs?
- Interested in presenting about a prevention strategy?  
Email [emily@cpedv.org](mailto:emily@cpedv.org)



# Together we're stronger.

## Prevention at the Partnership



Public Policy



Communications



Capacity Building

Emily Martin

[emily@cpedv.org](mailto:emily@cpedv.org)

916-444-7163 ext. 110