



# love shouldn't hurt

## *Did you know?*

- One in three teens nationwide report experiencing emotional, verbal, physical or sexual abuse in a dating relationship.
- Each year in the U.S. around 1.5 million adolescents experience serious physical or sexual violence in a dating relationship.
- Relationship abuse occurs between all kinds of couples – gay, straight, lesbian, transgender, other.
- Young women between the ages of 16-24 experience the highest rates of intimate partner violence – almost triple the national average!

## *Want to learn more?*

Ask for information about H.A.R.R.T. at the CARE Center or contact our advisors:  
Holly Grace Palmer at 209-524-4331 or email: [hgpalmer@havenwcs.org](mailto:hgpalmer@havenwcs.org)  
Ms. Adair at 209-550-3400 ext 2061 or email: [adair.d@monet.k12.ca.us](mailto:adair.d@monet.k12.ca.us)

## *Need help?*

### **Haven Women's Center**

Provides FREE & CONFIDENTIAL services to survivors of domestic or dating violence &/or sexual assault regardless of gender, age or sexual orientation.

**Crisis Line:** 1-888-45-HAVEN (24/7/365)

Website: [www.havenwcs.org](http://www.havenwcs.org)

**National Teen Dating Abuse Helpline:** 1-888-331-9474

Online resources with a chat feature: [www.loveisrespect.org](http://www.loveisrespect.org)

### **H.A.R.R.T.**

Healthy And Responsible Relationships Troop



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