



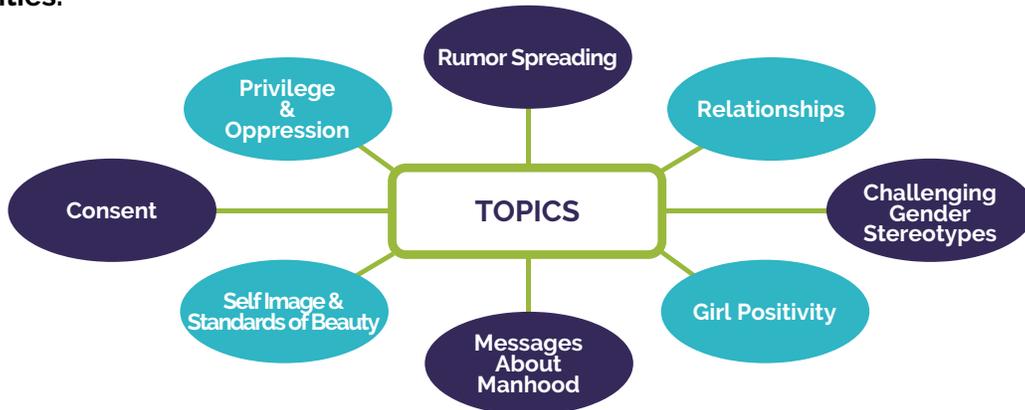
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ATHLETES AS LEADERS

AT A GLANCE

THE PROGRAM

Athletes As Leaders aims to empower female-identified high school athletes to take an active role in promoting healthy relationships, building a positive girl culture, and ending teen relationship violence. During ten 20-minute sessions led by a trained mentor, athletes discuss the root causes of violence and generate new social norms for their team and their communities.



WHY?

Athletic programs are a fitting location for both preventing teen relationship violence and leadership development. High school athletes have strong social networks, so reaching athletes has the potential to spread positive messages throughout their communities.

THE RESULTS



In collaboration with:

**COACHING BOYS
INTO MEN**

For more information, contact Disney Williams at:

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24 hour Crisis & Info Line:

(805) 781-6400

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