



Outcomes Measurements

The following measurements are used by The Center to determine the efficacy of the program and to help service providers be more effective in serving the client's needs.

The Second Generation Project:

*Youth Outcomes Questionnaire is designed to reflect the total amount of distress a child or adolescent is experiencing. The assessment, from oqmeasures.com, measures a total score and 6 sub scores.

*UCLA PTSD Index this measures the severity of a child's PTSD symptomology and determines what trauma that child has been exposed to.

*Parent Stress Index is used to evaluate the parenting system and identifying issues that may lead to problems in the child's or parent's behavior. Results in three scores: a parent score, a child score, and a Total Stress Scale.

Engagement Level is measured by the provider at each session. The Center developed this to help the provider assess engagement using a simple scale and two measure fluctuations in engagement and find trends based on the curriculum.

Survivor Case Management:

Self-Sufficiency Matrix is used to determine client areas of need and to measure progress towards stabilization. The Center utilizes 15 of these different scales, but only measure a client on a scale if they indicated that area as a need from a triage needs assessment (developed by The Center) at intake. Self-Sufficiency Matrix is from The Snohomish County Self-Sufficiency Taskforce.

Stages of Change is used to measure a client's progress towards living a violence-free life at intake and at exit.

Adults Molested as Children Group:

*PTSD Checklist (PCL-C) is a 17 item questionnaire used to measure the severity of symptoms and to make a PTSD diagnosis. This assessment must be given by a clinical provider.

Mindful Attention Awareness Scale (MAAS) is a 15 item scale that measures awareness of and attention to what is taking place in the present that is predictive of self-regulation and well-being constructs.

*Short PTSD Rating Interview (SPRINT) is taken weekly during the program to measure change in PTSD symptoms. It is a quick 8 item questionnaire.

Legal Assistance Program:

Legal Progress Scales measure a client's progress towards resolution of the legal process in Dissolution, Legal Separation, Custody Orders, DVTRO, and Criminal Justice. The Center developed these scales and is in the process of refining the scales.

TEACH Bully Prevention Program for 4th – 7th Graders:

Illinois Bully Scale is 24 questions used to measure how frequently a child bullies, fights, and is victimized.

The Center developed 8 additional questions to measure areas of behavior and knowledge not measured in the Illinois Bully Scale. These scales are administered at the beginning and end of the year long program.

Positive Solutions – A Batterers Intervention Program:

The Center developed a 12 item questionnaire clients fill out every 90 days of their enrollment in the program measuring their awareness of their abusive behaviors, frequency of conflict, ability to self-regulate, and beliefs about gender roles.

The program provider measures the client's progress every 90 days through the Batterers Intervention Progress Report developed by the court for mandated clients. This report measures a client's participation, attitude in class, and compliance with program requirements.

BeStrong & MyStrength – A High School Prevention Program

*Curriculum Specific Pre and Post Tests that have been adapted from the curriculum to measure changes over time.