

Prevention Peer Network

May 17, 2018

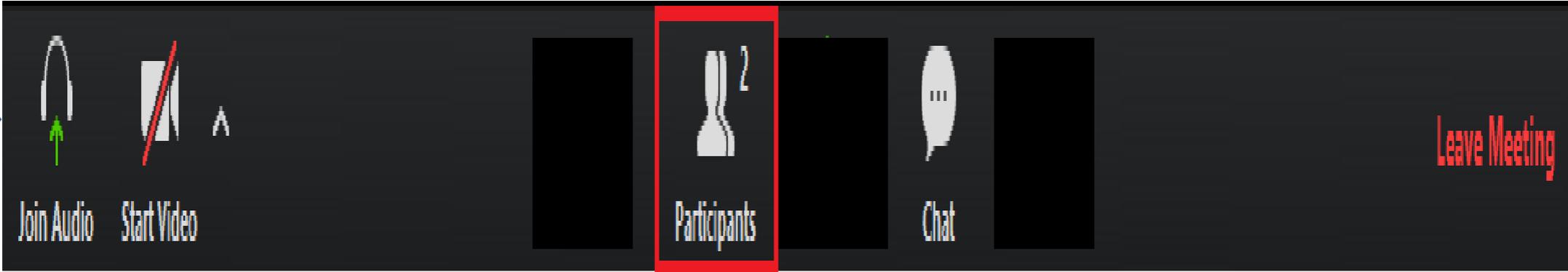


Control Panel

Please note, this webinar is being recorded.

Video has been disabled

Expand Audio for call in information



The image shows a Zoom control panel with several buttons: 'Join Audio' (with a headset icon), 'Start Video' (with a video camera icon and a red slash through it), a 'Participants' button (with a person icon and the number '2'), a 'Chat' button (with a speech bubble icon), and a 'Leave Meeting' button (in red text). The 'Participants' button is highlighted with a red border.

Type questions & comments here

Agenda

- Opening Circle
- *Teens at the Table:*
How to Start a Peer-to-Peer Mentoring Program
- Q&A
- Discussion: Shared expertise, emerging issues, challenges, triumphs

Opening Circle

- Please type in your name, agency and location



Teens at the Table: How to Start a Peer-to- Peer Mentoring Program



Jessica Reynaga, MSW
Community Education Manager
Human Options

Purpose of the Program:

The Human Options Ambassador program selects teen leaders from different high schools and provides them with training, mentoring, and technical support to prepare them to serve as peer-to-peer mentors.

A peer-to-peer mentor is a student who serves as a resource, a helping hand, a sounding board, and a referral service for other youth.

Ambassadors commit to implementing two service learning projects within one year of their participation of the program.



Central Theme

■Leadership:

Micro level:

Peer-to-Peer Mentor

Bystander Intervention strategies

Macro/mezzo level:

Service Learning Projects (SLP)

Community engagement and mobilization strategies





The Primary Prevention Core Competency Framework

→ **Foundations in Primary**

Prevention

→ **Planning**

→ **Implementation**

→ **Evaluation**

→ **Sustainability**

I. Foundations of Primary Prevention

Understand a public health approach to prevention that includes:

- a. Risk and protective factors (their value and limitations)
- b. Social norms that contribute to DV/TDV
- c. The Social-Ecological Model (SEM)
- d. *The Spectrum of Prevention* and other tools for generating solutions
- e. Types of interrelated prevention: primary, secondary, tertiary

Link to partnership resource:

<https://cpedv.memberclicks.net/prevention-core-competencies>

II. Planning

- The Human Options Ambassador Program - *a journey 2 years in the making!*
- CEO support for a youth program that includes:
 - Leadership
 - Character-building
- Preparation activities:
 - 2017 Shifting the Lens Conference -
 - Mauro Sifuentes, Family Violence Law Center
 - 2017 Building Change Together Convening



Tip

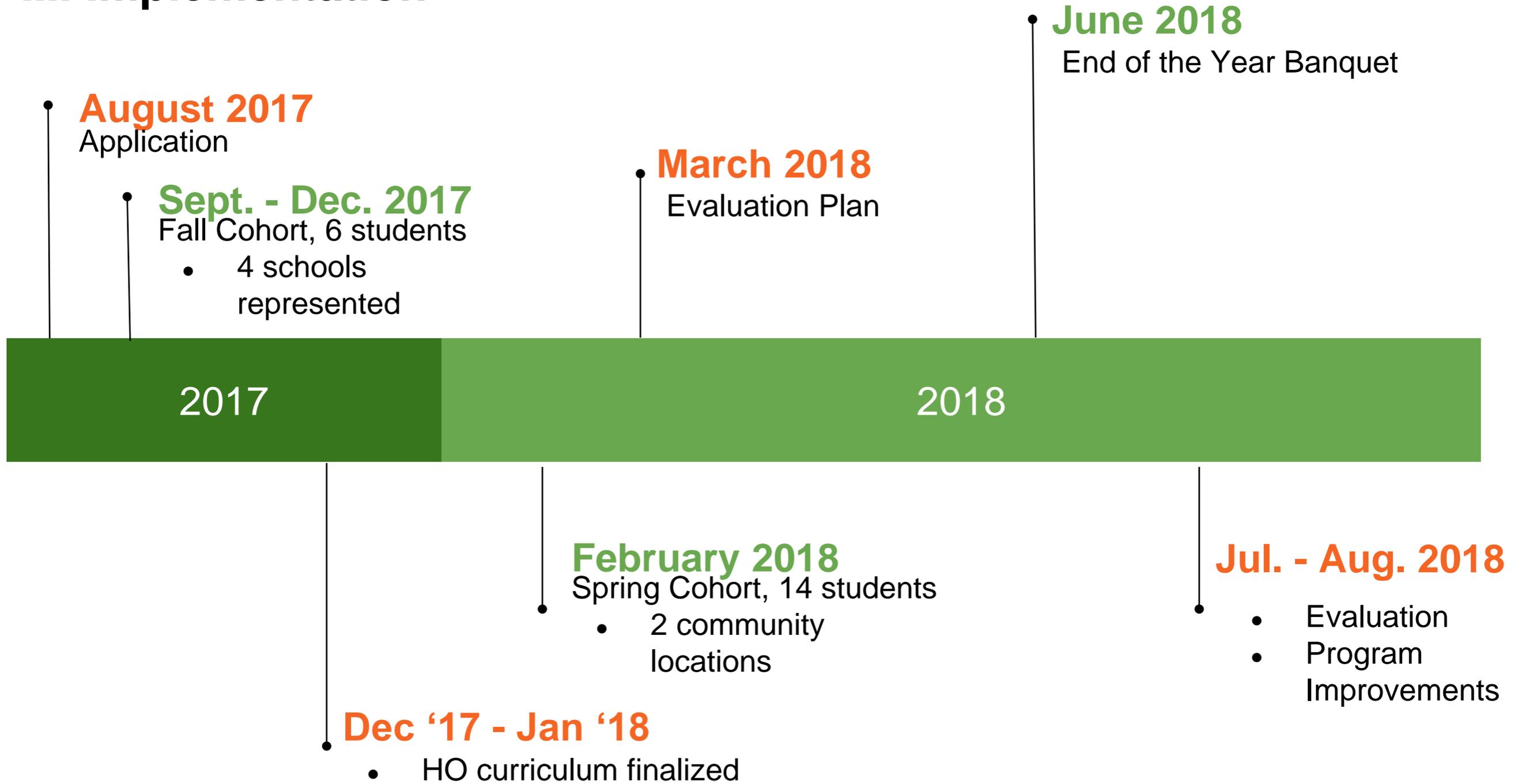
Curriculum:

Roots of Abuse

II. Planning cont'd

- Funding opportunity!
- Formal program proposal
 - Pilot Program
 - 2 Cohorts (Fall 2017/Spring 2018)
 - 15-20 students

III. Implementation



IV. Evaluation

- New World Kirkpartick Model of Evaluation
 - Level 4: Organizational Goals
 - Level 3: Behavior Change
 - Level 2: Knowledge
 - Level 1: Satisfaction
- Surveyed:
 - Ambassadors
 - Parents



V. Sustainability!

Outcomes

Success stories - pictures and videos!

What's next?/*Dream Bigger!*

Ideally, if you had more funding, what would you do with that funding?

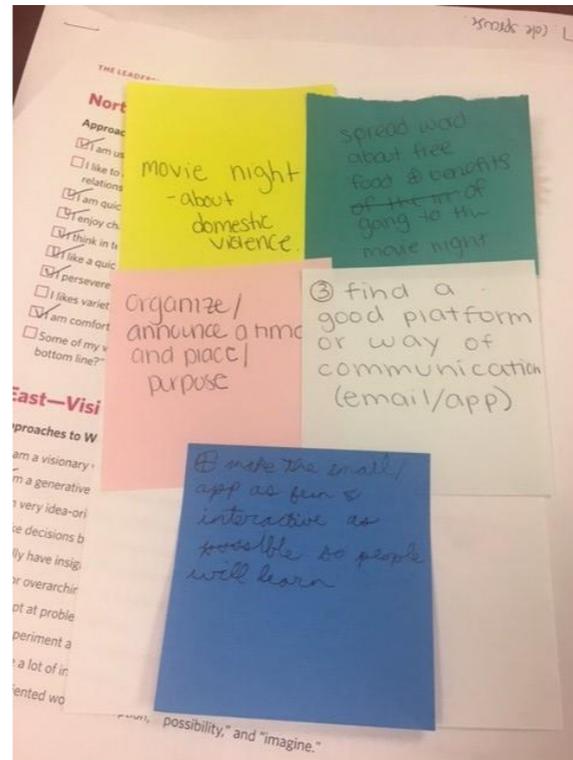
Know your audience





Service Learning Projects Highlights

- Varsity Football: Purple Socks
- Love Shouldn't Hurt school-wide assembly
- Public screening: Reviving Ophelia
- School resource fair
- TDV peer education groups at our Teen & Parent Conference
- Launching of a school-based domestic violence awareness club



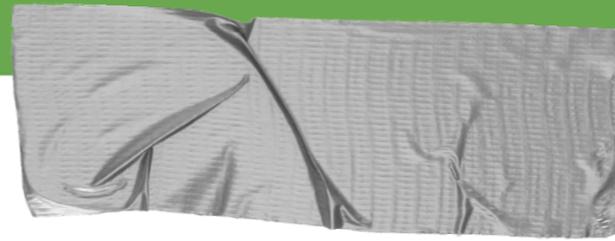


Success Stories

Ambassador helps friend realize she is in an abusive relationship.

Ambassador realizes they are displaying abusive behaviors in their relationship.

Ambassadors provided feedback to improve our teen programming.



Lessons Learned

- Location/Outreach
- Self-care for Ambassadors
- Youth Forms
- Evaluation Timeline

Questions?

Jessica Reynaga, MSW
jreynaga@humanoptions.org

Shared expertise and discussion

- ❑ Current emerging issues?
- ❑ Challenges or triumphs in your prevention efforts?



Together we're stronger

Prevention at the Partnership



Public Policy



Communications



Capacity Building



Miranda Stiers

**Capacity-Building
Program Specialist**

miranda@cpedv.org